

## Multiple Intelligences Test - based on Howard Gardner's MI Model

Score the statements: 1 = Mostly Disagree, 2 = Slightly Disagree, 3 = Slightly Agree, 4 = Mostly Agree

Statement	Score
I like to learn more about myself	3
I can play a musical instrument	1
I find it easiest to solve problems when I am doing something physical	2
I often have a song or piece of music in my head	4
I find budgeting and managing my money easy	3
I find it easy to make up stories	4
I have always been very co-ordinated	3
When talking to someone, I tend to listen to the words they use not just what they mean	4
I enjoy cross words, word searches or other word puzzles	4
I don't like ambiguity, I like things to be clear	4
I enjoy logic puzzles such as 'sudoku'	4
I like to meditate	4
Music is very important to me	4
I am a convincing liar	3
I play a sport or dance	3
I am very interested in psychometrics (personality testing) and IQ tests	1
People behaving irrationally annoy me	4
I find that the music that appeals to me is often based on how I feel emotionally	4
I am a very social person and like being with other people	1
I like to be systematic and thorough	4
I find graphs and charts easy to understand	4
I can throw things well - darts, skipping pebbles, frisbees, etc	3
I find it easy to remember quotes or phrases	2
I can always recognise places that I have been before, even when I was very young	4
I enjoy a wide variety of musical styles	4
When I am concentrating I tend to doodle	1
I could manipulate people if I choose to	2
I can predict my feelings and behaviours in certain situations fairly accurately	1
I find mental arithmetic easy	3
I can identify most sounds without seeing what causes them	3
At school one of my favourite subjects is / was English	2
I like to think through a problem carefully, considering all the consequences	4
I enjoy debates and discussions	1
I love adrenaline sports and scary rides	4
I enjoy individual sports best	4
I care about how those around me feel	2
My house is full of pictures and photographs	4
I enjoy and am good at making things - I'm good with my hands	4
I like having music on in the background	4
I find it easy to remember telephone numbers	3
I set myself goals and plans for the future	4
I am a very tactile person	4
I can tell easily whether someone likes me or dislikes me	1
I can easily imagine how an object would look from another perspective	2
I never use instructions for flat-pack furniture	3
I find it easy to talk to new people	1
To learn something new, I need to just get on and try it	3
I often see clear images when I close my eyes	3
I don't use my fingers when I count	3
I often talk to myself – out loud or in my head	3
At school I loved / love music lessons	2
When I am abroad, I find it easy to pick up the basics of another language	2
I find ball games easy and enjoyable	1
My favourite subject at school is / was maths	2
I always know how I am feeling	2
I am realistic about my strengths and weaknesses	2
I keep a diary	1
I am very aware of other people's body language	1
My favourite subject at school was / is art	4
I find pleasure in reading	3
I can read a map easily	4
It upsets me to see someone cry and not be able to help	1
I am good at solving disputes between others	1
I have always dreamed of being a musician or singer	1
I prefer team sports	1
Singing makes me feel happy	1
I never get lost when I am on my own in a new place	2
If I am learning how to do something, I like to see drawings and diagrams of how it works	1
I am happy spending time alone	4
My friends always come to me for emotional support and advice	1

<b>Intelligence type</b>	<b>your totals</b>
Linguistic	28
Logical-Mathematical	34
Musical	28
Bodily-Kinesthetic	30
Spatial-Visual	29
Interpersonal	12
Intrapersonal	26

